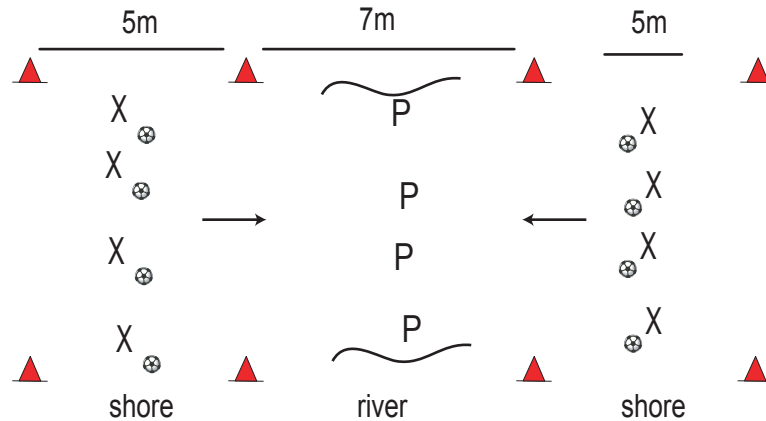




## Motivational Skill # 6 : Dribble Through Pirates (10min)



X's dribble through the "river" to the other shore. The river pirates (P) try to steal the ball from the X's. If a pirate wins a ball, they kick it to a shore and the X that lost it must go, get the ball, and start again.

Count the number of successful crosses in two minutes.

All groups get a turn as the pirates.

### Coaching Points/Progression

1. Encourage X's to look at where the pirates are and choose their spots to dribble through.
2. Encourage pirates to steal the ball from a target player they identified and stick with that player.
3. Younger kids may need a narrower river (4 m).
4. More experienced kids, when they are pirates, may be challenged to communicate to "gang up" two at a time on an X to increase success rate.
5. Be creative on how to identify the river and shore. This can be a real fun game.

### Coach's Notes